

# Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 a.m.							
6 a.m.							
7 a.m.							
8 a.m.							
9 a.m.							
10 a.m.							
11 a.m.							
12 p.m.							
1 p.m.							
2 p.m.							
3 p.m.							
4 p.m.							
5 p.m.							
6 p.m.							
7 p.m.							
8 p.m.							
9 p.m.							
10 p.m.							
11 p.m.							
12 a.m.							
1 a.m.							
2 a.m.							
3 a.m.							
4 a.m.							

# How to Create a Master Schedule

1. Fill in Your Classes – Classes, Regiment, Athletics, Clubs
2. Add Required Activities (i.e., sports, regular meetings, regiment)
3. Add Daily Necessities (i.e., eat, sleep, workout)

**\*\*Remaining time is for you to study\*\***