

REQUIRED FOR ALL NEW INCOMING 2025 - 2026 STUDENTS

STUDENT NAME: _____

M#:_

Welcome to SUNY Maritime! Before you begin your studies at Maritime, you must complete certain requirements. The State University of New York requires that we collect this information from every student.

This **Incoming Student Checklist** is available for you to be sure that you are submitting all of the required health information. The information contained in this form is accessible only to the professional staff of Health Services and will not be released without the written authorization of the student or pursuant to a lawfully issued subpoena. The authority to request this information is found in section 355 of the Education Law.

Submit your Health Forms to: https://sunymaritime.studenthealthportal.com/Forms

Please allow ten days for our Health Services team to review your health forms. We will reach out to you via your SUNY Maritime email once we have finished our review.

REQUIRED FOR ALL NEW 2025 - 2026 INCOMING STUDENTS

- 1. STUDENT INFORMATION EMERGENCY PAGE
- 2. HEALTH ATTESTATION FORM
- 3. IMMUNIZATION RECORDS
- 4. MENINGITIS RESPONSE FORM
- 5. PHYSICAL EXAMINATION FORM FOR ALL STUDENTS REGARDLESS OF MAJOR

REQUIRED FOR ALL NEW REGIMENTAL INCOMING 2025 – 2026 STUDENTS

- 1. COMPLETED 719K (See PowerPoint for Instructions), Blank 719K will be included in this packet!
- Page 10 for 719K is the last page in this packet, please attach to you 719k Form before you submit through the portal.

All medical paperwork is to be submitted via portal only: <u>2025 - 2026</u> Incoming Health Forms



REQUIRED FOR ALL NEW INCOMING 2025 -2026 STUDENTS

STUDENT NAME:		M#:	
STUDENT INFORMATION			
Nama			
Name: Last	First	Middle	
Address:			
Street	City	State	Zip
Birth date:///////	Age:	Female: Male:	Other:
E-mail:	Preferred Phone Num	ber: ()	
Please circle entering year: Fall 2025	Spring	2026	
Please circle: CIVILIAN	REGIM	ENT	
EMERGENCY CONTACT INFORMATION			
Name:			
Last	First	Middle	
Address:			
Street	City	State	Zip
Relationship: Preferred Phone Number			
)	E-mail:		
UNDER 18 NOTARIZATION			
To Parents and Guardians of Applicants under Ei	ghteen:		
To procure care that may be necessary for our st the consent for treatment statement. While ever is not always possible within a short period of th	y reasonable effort is made to conta	act families in the event of serio	us illness or injury, this

I_(Print Full Name of Parent/Guardian) pursuant to the authority vested in me as Parent/Guardian of

(Print Full Name of Student), do authorize the Medical Staff at SUNY Maritime College, upon consultation with a practicing physician or surgeon to exercise for me and on my behalf, all rights and duties with reference to consenting to appropriate medical, psychiatric, and surgical treatment, anesthetics, medicines and hospitalization, including care and treatment, by any hospital, staff surgeon, physician or radiologist which they may deem necessary for the emergency care of my son/daughter (circle one).

Signed	Date	/	/
Subscribed before me this	day of	20	Notary Public (with Seal)
REO	UIRED FOR ALL NEW IN	COMING 2025	- 2026 STUDENTS

STUDENT NAME:

ARITIME COLLEGE STATE UNIVERSITY OF NEW YORK

M#:___

<u>MUST BE SIGNED BY MEDICAL PRACTITIONER</u>

_I find the applicant to be in good physical and mental health and able to meet the physical and emotional demands of participating in a full program of college study at SUNY Maritime.

_I find the applicant has the following medical condition/injury for which continuation of care isrequired which may adversely affect his/her ability to meet the physical and emotional demands of participating in a full program of college study at SUNY Maritime. Please explain below.

Medical Practitic	oner Signature	Date
Name of Medical	Practitioner (Please Print)	
Address:		Phone: (

<u>MUST BE SIGNED BY STUDENT</u>

My signature below attests that all information provided by me on the SUNY Maritime College Health Forms is complete and true to the best of my knowledge and that I have not knowingly omitted any material information relevant to this form.

Student Signature

Date



STUDENT NAME:		Please
Please submit a copy of your comp	lete immunization records.	
Please be sure that you have the mai	ndatory vaccines listed below.	
COVID 19 vaccine is optional!		
M.M.R. (Measles, Mumps, Rubella) if given instead of individual immu	inizations:	
1. Dose 1- Immunized no more than 4 days prior to first birthday	Date: / /	
2. Dose 2-Immunized at least 30 days after first dose	Date: / /	
3. Positive titer	· · · ·	
4Physician documentation of having the disease	(Attach documentation)	
5Born before January 1, 1957, and therefore considered immune		
Measles (Rubeola):		
1. Dose 1- Immunized no more than 4 days prior to first birthday		
2. Dose 2-Immunized at least 30 days after first dose		
3Positive titer	(Attach lab report)	
Mumps:		
1. Immunized with vaccine at 12 months or later	Date: / /	
 Positive titer		
	(i reach inc report)	
Rubella:		
1. Immunized with vaccine at 12 months or later		
2Positive titer	(Attach lab report)	
Hepatitis A: (Two doses required to complete the series. At least one do	se must be given prior to attending Maritime)	
1. Dose 1 2. Dose 2	Date: / /	
2. Dose 2	Date: / /	
Hepatitis B: (Completion of the three dose series)		
1. Dose 1	Date / /	
2. Dose 2		
3. Dose 3		
Polio: (Minimum 3 doses for all students 18 and under. For those 19 and		
1. Dose 1	1 /	
2. Dose 2		
3. Dose 3		
Tetanus-Diphtheria : (Minimum 3 doses required for all students – dos		
1. Dose 1	• /	
2. Dose 2		
3. Dose 3		
Varicella: (Chicken Pox: Two doses or documentation of having the dis		
1. Dose 1	· · · · · · · · · · · · · · · · · · ·	
2. Dose 2		
Tuberculosis: (MUST be within 6 months of entry to Maritime)	Dute	
	Administered: / /	
1. PPD (Mantoux) Date Interpreted: / / Results: _		
Covid _ 19: Vaccine Name1 st Dose Date / /	2 nd Dose Date_ / /Booster Date	:/_/

Covid is a recommended vaccine, not required.

REQUIRED FOR ALL NEW INCOMING 2025-2026 STUDENTS



STUDENT NAME: _

M#:__

Date

Meningitis Information Response Form

New York State Public Health Law requires that all college and university students enrolled for at least six (6) semester hours or the equivalent per semester complete this section. No institution shall permit any student to attend the institution more than 30 days without complying with this law. The 30-day period may be extended to 60 days if a student can show a good faith effort to comply.

Check one box and sign below:

_I have received the meningococcal meningitis immunization within the past 10 years.

Date Received: _____

_I have read, or have had explained to me, the information regarding meningococcal meningitis disease. I understand the risk of not receiving the vaccine and I have decided that I (my child) will **not obtain immunization**.

_____I will have my family physician **provide the vaccine**.

Student's Signature	<mark>Date</mark>
Parent/Guardian Signature (if under 18 years)	Date

Physician's Signature/Stamp		
i nystetan s orginatar e/ stamp		

REQUIRED FOR INCOMING REGIMENTAL CADETS 2025 -2026

STUDENT NAME:



SUNY Maritime College is committed to ensuring that students enrolled in the license program meet the U.S Coast Guard medical and physical ability requirements to qualify for U.S. Coast Guard licensure.

UTIME COLLEGE

All incoming students are required to complete a physical examination upon admission to SUNY Maritime College.

The U.S. Coast Guard has set forth a non-exhaustive list of medical conditions, medications, and physical abilities that may be subject to further review. Cadets with these medical conditions and/or physical limitations who do not meet the U.S Coast Guard's medical and physical ability requirements may be denied the ability to qualify for U.S. Coast Guard licensure or they may be granted a license with restrictions and/or limitations. There are also medical conditions and limitations that are not listed which would render one ineligible to receive a license. Please note that the U.S. Coast Guard evaluates each applicant individually and the final determination regarding license eligibility lies with the U.S. Coast Guard, notSUNY Maritime College.

All cadets enrolled in the license program must agree to adhere to the following policies to ensure that the individual meets the U.S. Coast Guard medical and physical requirements:

- 1. Submit the application for medical certificate (CG-719K) to the Director of Licensing within the first 9 months of enrollment.
- 2. Continue to meet the medical and physical ability requirements throughout enrollment at SUNY Maritime College.
- 3. Inform Maritime Health Services of any change in health status once enrolled, including but not limited to new diagnosis, change of medication, surgery or hospitalization.
 - a. Failure to provide current, accurate information may jeopardize continued enrollment in the license program.
- 4. In accordance with this policy, if a cadet has a medical or physical condition that disqualifies the individual from meeting the requirements, he/she shall be transferred to a non-license program until such individual meets the medical and physical ability requirements.

You are encouraged to contact Dr. Wilkow (Director, Student Health Services) at <u>bwilkow@sunymaritime.edu</u> or <u>healthservices@sunymaritime.edu</u> at (718) 409 -7347 with any questions regarding the U.S. Coast Guard medical and - physical ability requirements.

My signature below attests that I will fully adhere to the SUNY Maritime College medical policies for U.S. Coast Guard licensure.

Student Name (please print):	ID#:	
Student Signature:	Date:	<u></u>
Parent/Guardian Name: (please print):		
Parent/Guardian Signature:	Date:	



Informed Consent Form for Physical Activity

Cadets Name	ID#

I understand that INDOCRINATION (INDOC) is a physical program which includes exercises to build the cardiorespiratory system (heart and lungs), the musculoskeletal system (muscle endurance and strength, and flexibility), and to improve body composition (decrease of body fat in individuals needing to lose fat, with an increase in weight of muscle and bone). Exercise may include, but not limited to aerobic activities (walking, running, rowing, swimming, and other aerobic activities), callisthenic exercises, and endurance and flexibility exercises to improve joint range of motion.

Description of Potential Risks:

I understand that the potential for injury exists with each of the physical activities performed. I further understand that I am going to partake in the INDOC program before my personal medical practitioner has cleared me to do so.

I understand that SUNY Maritime College, its staff, and faculty shall not be liable for any damages arising from personal injuries sustained by me (Cadet) during the INDOC program.

I hereby fully and forever release and discharge SUNY Maritime College and its staff and faculty from all claims, demands, damages, rights of action, present and future therein.

I understand and warrant, release and agree that I am in good physical condition and that I have no disabilities, impairments or ailments preventing me from engaging in active or passive exercises that will be detrimental to my being.

I state that I have had a recent physical exam and shall present said document to the Department of Health Services by 9Sept2020.

Cadet Signature	Date
Parent or Legal Guardian	Date



REQUIRED FOR INCOMING REGIMENTAL CADETS 2025 -2026

MEDICAL CLEARANCE FOR PARTICIPATION IN ORIENTATION

Student Name _____ DOB _____

The above-named student is cleared to fully participate in the physical demands of orientation at SUNY Maritime College without restrictions or concerns for their safety and well-being. Specifically, they are cleared for the following:

- Running and sprinting
- Long periods of marching in formation
- Physical training, including push-ups and sit-ups, and pull ups.
- Overhead arm activities such as throwing, catching, climbing.
- Swimming, treading water, flipping a life raft, and donning a water survival suit.
- Sports, including water polo, ultimate frisbee, softball, dodgeball, basketball
- Pulling heavy objects
- Participation in physical activities in hot and humid conditions

 Signature of medical care provider:
 Date:

 Office Stamp:

*****NOTE***** This does not guarantee requirements for the license programs

Signature of student:	Date:
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ARITIME COLLEGE STATE UNIVERSITY OF NEW YORK

REQUIRED FOR INCOMING REGIMENTAL CADETS 2025 -2026

History & Physical Exam

Student Name		DOB	
MEDICATIONS	ALLERGIES		

CARDIAC SCREENING & Exam		YES	NO	
Is there a history of heart disease, including murmur?				
Has the patient ever had an abnormal E	KG or anormal echoo	ardiogram?		
Is there a history of lightheadedness, fai	nting, or chest pain o	during exertion?		
Does the patient report any palpitations	or irregular heart rh	ythm?		
Is there a family history of sudden cardia	ac death or cardiac e	vent before the age of 45?		
Is there a history of moderate to severe COVID-19?				
If history of moderate to severe COVID-19 is there post-cardiac clearance?				
Rate Rhythm REGULA	R IRREGULAR	Murmur Description	•	

MEDICAL HISTORY & PHYSICAL EXAMINATION

Describe any significant health history including mental health. Note physical exam abnormalities and list restrictions and /or limitations.

Please note: No accommodations can be made for our physically demanding orientation program.

SIGNATURE

Signature of MD, DO, PA, NP



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DEPARTMENT OF HOMELAND SECURITY U.S. Coast Guard OMB No. 1625-0040 Exp. Date: 03/31/2021

APPLICATION FOR MEDICAL CERTIFICATE (FORM CG-719K)

----- Instructions ------

Who must submit this form?

- Applicants seeking a Medical Certificate are required to complete this form and submit all 10 pages, including instructions, to the U.S. Coast Guard. Guidance for completion of this form can be found at https://www.uscg.mil/hq/cg5/nvic/pdf/2008/NVIC_04-08.pdf.
- 2. Mariners applying for or holding a merchant mariner credential with only an entry-level endorsement who serve on a vessel not subject to the International Convention on Standards of Training, Certification and Watchkeeping (STCW) but who request a medical certificate that satisfies the Maritime Labor Convention (MLC), AND want to be qualified for lookout duties should submit this form. Sections III (Medical Conditions), IV (Medications) and V (Physical Examination) of the CG 719K DO NOT have to be completed. The medical certificate will be restricted to entry-level only.

3. The Coast Guard will not accept an application for a medical certificate without a reference number or a Merchant Mariner Credential (MMC).

Who may conduct this exam?

1. All exams, tests and demonstrations must be performed, witnessed or reviewed by a physician, physician assistant, or nurse practitioner licensed by a state in the U.S., a U.S. possession, or a U.S. territory.

2. Medical examinations for U.S. Registered Pilots must be conducted by a licensed medical doctor.

Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner (MP)

- Legal Name Enter complete legal name.
- Date of Birth If applicant is under 18 years of age, attach a notarized statement, signed by a parent or guardian, authorizing the Coast Guard to issue a Medical Certificate.
- Mariner Reference Number or Social Security Number If you have held a Coast Guard credential in the past, enter your reference number.
- Gender Enter your gender.
- Home Address Principle place of residence. PO Box is not acceptable.
- Delivery/Mailing Address The address to which you want all correspondence and issued certificates sent. If blank, correspondence and certificates will be sent to the Home Address.
- Primary Phone Number Provide a primary phone number.
- Alternate Phone Number Provide an alternate phone number (optional).
- E-mail Address (Optional) If provided, the National Manifime Center (NMC) may attempt to contact you via e-mail. You will receive automated updates
 recarding the status of your application.
- Other Please provide additional means of communicating with you (satellite phone, work phone, etc.) (optional).
- Endorsement held or sought Applicants should select all options that apply. If nothing is selected, the Coast Guard will not accept the application.

Section II: Food Handler Certification - To be completed by the Medical Practitioner

Refer to instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section III: Medical Conditions - To be completed by the Applicant and the Medical Practitioner

III(a) Applicants must report their relevant medical conditions to the best of their knowledge. Applicants should check YES if: 1) they have had a previous diagnosis, or treatment for the condition by a health care provider; 2) they are currently under treatment or observation for the condition; or 3) the condition is present, regardless of treatment status.

III(b) The Medical Practitioner must review and discuss all conditions reported by the applicant in Section III(a). The Medical Practitioner's discussion should include, at a minimum, the name of the condition, approximate date of diagnosis, treatment, current status of the condition, limitations of the condition, and any additional information as appropriate. Recommended supporting documentation and testing for conditions that are subject to further review are contained in the Medical Practitioner's discussion Guidelines for Merchant Mariner Credentials which can be found at https://www.uscg.mil/hq/eg6/nvie/pdf//2008/NVIC_04-08.pdf. Medical practitioners should be familiar with the guidelines contained which this document. If the Medical Practitioner discovers a condition not reported by the applicant, they must check YES in the appropriate block in III(a) and provide information on the condition, as requested, in Section III(b). For conditions that were Previously Reported, the Medical Practitioner information and current status of the condition. Additional sheets may be added by the applicant and/or the medical gractitioner if needed to complete this section of the form. Include applicant's name and DOB on each additional sheet. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

	MEDICAL PRACTITIONER INITIALS:	DATE:
Print Applicant Name:(Last, First, MI.)	Date of Birth: (MM/D	0/11/1)
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Section IV: Medications - To be completed by the Applicant and reviewed by the Medical Practitioner

Applicants - Refer to instructions provided in this section.

Medical Practitioner - Verification of medications includes questioning the applicant about any medications or other substances reported, reviewing relevant medical conditions to determine if the applicant has omitted any medications or other substances, and affirmatively reporting any omitted current medications or other substances where required. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section V: Physical Examination - Items 1-17; To be performed and completed by the Medical Practitioner

The Medical Practitioner must document the results of the physical examination in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section VI: (Vision) and Vii: (Hearing) - To be completed by the Medical Practitioner or other staff to the satisfaction of the Medical Practitioner

The Medical Practitioner is not required to perform or witness the vision and hearing examinations. These may be performed by qualified office staff or referred to other qualified practitioners such as audiologists or optometrists; however, the results must be reviewed by the Medical Practitioner.

The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Additional guidance can be found at: https://www.useg.mil/hq/cg5/nvic/pdf/2008/NVIC_04-08.pdf,

Section VIII: Demonstration of Physical Ability - To be completed by the Medical Practitioner

Refer to the table and instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section IX: Summary - To be completed by the Medical Practitioner

- a. Applicant Proof of Identity Provided Applicants shall present acceptable proof of identity to the Medical Practitioner conducting examinations. Proof of identity shall consist of one current form of valid government-issued photo Identification. Examples of acceptable proof of identity include unexpired official identification issued by a Federal, State, or local government or by a territory or possession of the United States, such as a passport, U.S. driver's license, U.S. military ID card. Merchant Meriner Credential, or Transportation Worker Identification Credential.
- b. Certification recommendation The Medical Practitioner must ensure a complete history and physical are conducted. The practitioner should address the listed questions and make a certification recommendation. The Coast Guard retains final authority for the issuance of the medical certificate.
- c. Assossment The Medical Practitioner should provide answer to statement 1 or 2, as appropriate for the credential sought. Option 2 is for mariner applicants who are only seeking an MLC-compliant, entry-level medical certificate.
- d. Discussion The Medical Practitioner should discuss any conditions or issues of concern.
- e. Medical Practitioner (Attestation and Information) Attests that the general medical examination, vision and hearing tests, and demonstration of physical ability, as appropriate, have been performed to the satisfaction of the Medical Practitioner. The Medical Practitioner must sign and date the attestation where indicated. This signature attests, subject to criminal prosecution under 18 USC § 1001, that all information reported by the Medical Practitioner is true and correct to the best of their knowledge and that the Medical Practitioner has not knowingly critical or faisified any material information relevant to this form.

Section X: Applicant Certification - To be completed by the Applicant

Applicant certifies that the information provided is true and correct.

Section XI: Applicant Consent (optional) - To be completed by the Applicant

Third Party Authorization - If you want the NMC to be able to discuss, release, or receive information/documents regarding your medical certificate application with a third party (spouse, employer, school, union, etc.) you must provide specific guidance to the NMC regarding what issues we may discuss and with whom. You may allow release of all information to certain individuals or entities. If you limit the release of certain information you must be specific by making a selection on the application or by attaching additional documentation. For each selection made, ensure the Name of the Organization or Third Party, Organization Point of Contact (if applicative), Address and Phone Number is completed. If you wish to provide multiple Third Party Authorizations, attach additional pages as needed. A sample may be found on the NMC website: https://www.uscg.mil/nmc/credentials/forms/3rd_party_authorization_med_cert.pdf. Please sign and date for each sple of consent that you wish to authorize.

- a. Consent for Medical Practitioner to Release Information to the Coast Guard
- b. Consent for Coast Guard to Release Information to a Third Party
- c. Consent for Third Party to Act on your Behalf

	MEDICAL PRACTITIONER INITIALS:	DATE:
Print Applicant Name:(Last, First, MI.)	Date of Birth: (MI	M/DD/YYYY)
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	CMB No. 1625-0040						
	Exp. Date: 03/31/2021						
)						
Section I: Applicant Informa	tion - To be completed by the A	Applicant and reviewed by the M	Aedical Practitioner				
Last Name	First Name	Middle Nama	Suffix (Jr., Sr., III)				
Mariner Reference Number or Social S	Security Number Gender:		Date of Birth (MM/DD/YYYY)				
Please indicate best method(s) of	contact by checking the appropriate	box(es).					
Home Address (PO Box NOT accept	able)	_					
Street Address		Primary Phone Number					
City	State Zip Code	Alternate Phone Number					
		·					
Delivery/Mailing Address, if different (Street Address	PO Box acceptable)	E-mail Address					
City	State Zip Code	Other 🗌					
		l					
Endorsement Held or Sought (C	Check all that apply or the Coast Guar	rd will not accept the application):					
			i				
Deck Engine F	Food Handler STCW Entry-lev	el with lookout duties					
U.S. Registered Pilot (Great I	Lakes Pilotage) 🔄 First-Class Pilot or th	hose Serving as Pilot (Federal Pilotage/46	CFR 15.812)				
Other (Please explain):							
Section II: Food Handler Ce	rtification - To be completed by	the Medical Practitioner					
	,						
the health or safety of other individ	ment from the Medical Practitioner that a uats in the workplace. For applicants who ctitioner may provide the attestation by a	a have requested Food Handler Certification	on (Food Handler box is checked in				
 Communicable disease is defined excreta or other discharges from th person. 	l in 46 CFR 10.107 as any disease capable to body; or indirectly, via substances or in:	e of being transmitted from one person to animate objects contaminated with excret	another directly, by contact with a or other discharges from an infected				
3. The Medical Practitioner need not should report information about the	t perform any additional testing unless it is air heaith as it relates to diseases that are ant include, but are not limited to, the follow	transmissible through food. Circumstance					
a. Whether the applicant reports th	hey have been diagnosed with, or exposed ucing Escherichia coli, or Hepatitis A virus	d to an illness due to organisms including,	but not limited to, Salmone#a Typhi,				
b. Whether the applicant reports th	tey have at least one symptom caused by diamea, fever, vomiting, jaundice, or sore	illness, infection, or other source that is a	ssociated with an acute				
	ey have a lesion containing pus, such as		draining and is on hands or wrists or				
	is the applica	int free from communicable diseas	e? Yes No N/A				
	MEDICAL PRACTITIONER INITIALS: DATE:						
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Section III(a): Med	ical Condit	lons -	To be completed by the Applica	nt and reviewed by	the Medical	Practitioner	
l have a med	dical wai	ver (MW):	Yes	No If YES, provide a copy to the	Medical Practitioner, a	nd mark the M	W box below.	
o the best of	f your kno	owledge, hav	ve you a	ever had, required treatment for, or do base mark the YES box below, and if p	you presently have any	y of the followin	g conditions? If no,	
TEM YES N					reported (r	(), (i)(i)(i)(i)(i)(i)(i)(i)(i)(i)(i)(i)(i)(
1.		1. Blurn	v vision	, poor night vision, eye disease or inju	rv. eve surgerv. abnorn	nal color vision	cataracts or plaucoma	
2.			-	, hearing aid, ear surgery, facial defon				
3.	++			blood pressure	milea, open bacheoate	any or nequen	asvere nose biseda	
J.	++			cular disease of any kind, to include a	naina abaatania imaa	ular bood boot	haart usha problem/	
4.				t, heart attack/myocardial infarction, or			, neart valve problem/	
5.		5. Hear	t surgei	ry and/or implanted devices (for examp	le, angioplasty, stent, ;	pacemaker, or	defibrillator)	
6.		6. Lung	diseas	e of any type (for example, asthma, en	ophysema, or chronic o	bstructive pulr	nonary disease (COPD)	
7.		7. Any t	blood d	isorder (for example, anemia, hemophi	ilia, blood clots, or poly	cythemia)		
8.		8. Diaba	etes, gl	ucose intolerance, or sugar in urine				
9.		9. Thyra	oid prot	lem requiring treatment or hospitalizat	ion			
10.				iver or intestinal disorder requiring ong ng pain; history of hepatitis or jaundice		ication, or caus	sing significant bleeding	
11.		11. Kidr	ney pro	blems/stones or blood in urine				
12.		12. Any	other u	rinary or bladder problems not listed a	bove requiring treatme	nt or hospitaliz	ation	
13.		13. Skin	n disord	ers requiring medical treatment, such	as cancer, tumors, scle	roderma or lup	xus	
14.		14. Sev	ere alle	rgies or allergic reactions to any subst	ance, medication, food	, or insect sting	jŝ	
15.		15. Communicable disease or chronic infectious diseases such as tuberculosis, HIV/AIDS, or hepatitis						
16.				problems (for example, obstructive slee der, or insomnia)	ep apnea, restless leg s	syndrome, naro	colepsy, shift work	
17.		17. Epik	epsy, fr	ts, or seizures				
18.		18. Hist	ory of a	erious head injury, loss of consciousne	ess or memory loss			
19.		19. Free	quent o	r severe headaches				
20.		20. Dizz	iness/f	ainting spells/balance problems				
21.		21. Fred	uent m	otion sickness requiring medication				
22.		22. Stro	ke or T	ransient ischemic Attack (TIA), brain tu	umor or other brain disc	order		
23.		23. Any	neurole	gic disorder or nerve problems includi	ng numbness and/or p	aralysis, not lis	ted above	
24.	++	24. Atter	ntion de	eficit disorder with or without hyperactive	vitv .			
25.	++			pression, bipclar disorder, adjustment	-	izophrenia		
26.	++	-		empt or thought(s) of suicide (Suicidal I				
27.	++	27. Eval	luation,	treatment, or hospitalization for alcoho legal drugs, prescription medications, or	ol or substance use, ab	use, addiction,	or dependence	
28.				sychiatric disorder, mental health eval		alization		
29.	++			or joint problems that impair movemer	•			
80.	++			, prosthesis, or use of ambulatory devi			ices)	
11.							-	
32.							77	
33.		33. Any	diseas	es, su/geries, cancers, ilinesses, or dis	abilities not listed on th	is form?		
34.		34. Any	hospita	I admissions within the last six years n	ot listed elsewhere in t	his Section?		
31. 32. 33. 34.			32. Hav 33. Any	32. Have you e 33. Any disease	 32. Have you ever been signed off a vessel as sick or 33. Any diseases, surgeries, cancers, illnesses, or dis 34. Any hospital admissions within the last six years n 	 Have you ever been signed off a vessel as sick or repatriated for medical Any diseases, surgeries, cancers, illnesses, or disabilities not listed on th 	 31. Injuries, fractures or recurrent dislocations causing impairment or limitation of motion of 32. Have you ever been signed off a vessel as sick or repatriated for medical reasons within 33. Any diseases, surgeries, cancers, illnesses, or disabilities not listed on this form? 34. Any hospital admissions within the last six years not listed elsewhere in this Section? 	
)		33. Any	diseas	es, surgeries, cancers, illnesses, or dis Il admissions within the last six years n	abilities not listed on th ot listed elsewhere in t TIONER INITIALS:	iis form? his Section?	ATE: Page 4 of 1	



Print Applicant Name:(Last, First, ML)			Date of Birth: (MM/DD/YYYY)					
Section III(b): Medical Conditions - To be completed by the Medical Practitioner Instructions: For each item marked YES in Section III(a), the Medical Practitioner must provide the information requested IN THE BLOCKS below. For each condition marked Previously Reported (PR), the provider need only discuss the Interval history and current status of the condition. For conditions with a Medical Waiver (MW) review the applicant's waiver letter and attach all waiver reporting requirements. Please attach appropriate evaluation data for conditions that are subject to further review. Information on conditions that are subject to further review and the recommended evaluation data can be found in the Medical and Physical Evaluation Guidelines for Merchant Mariner Credentials, located at https://www.uscg.mil/hq/cg5/nvic/pdf/2008/NVIC_04-08.pdf. Indicate whether additional information has been attached by marking the ATTACHED box. Additional sheets may be added, if needed to complate this section (include applicant name and date of birth on each additional sheet).								
	r diagnosis (mm/dd/yyyy)			Attached 🗌				
Condition		Treatment						
Status		Limitations						
Item # Dats of onset of	r diagnosis (mm/dd/yyyy)			Attached 🗌				
Condition		Treatment						
Status		Limitations						
Item # Date of onset or	r diagnosis (mm/dd/yyyy)			Attached				
Condition		Treatment						
Status		Limitations						
Item # Date of onset or	r diagnosis (mm/dd/yyyy)			Attached				
Condition		Treatment						
Status		Limitations						
Item # Date of onset or	diagnosis (mm/dd/yyyy)			Attached				
Condition		Treatment						
Status		Limitations						
		AL PRACTITIONE	ER INITIALS: DA	ATE:				
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Print Applicant N	lame:(L	ast, First	MI.)					Date of Bin	th: <i>(MM/DD/YYYY)</i>		
Section IV: M	edicat	ions - T	o be comp	leted by t	he Applican	t and	reviewe	ed by the N	edical Practition	er	
o you currently	use an	y medica	ation (prescri	ption or no	mprescription)? 📋	Yes 🔄 N	lo If YES, prov	ide the information requ	uested in th	e blocks bek
the applicant sig 2. All medications	ere filled ans the C (Prescrip are used the app)	otion or N , or refiller CG-719K otion or N for a peri- licant sign	i, and/or taken and onprescription) od of 30 or mor s the CG-719H Il guidance on i), dietary sup 1 within 30 da), dietary sup re days withi <. medications	ays prior to the d plements, and n the last 90 day including those	late ys that m	listed in 2. Medical of time t presence ay be cons	the table belo Practitioner of the applicant h te or absence sidered disqua	omments should include as taken the medication of any side effects. lifying, can be found at	edications a e the appro n and addre	ximate lengti
Additional sheet (Include applicat	s may b nt name	e attach and dat	ed by the App	plicant and	iscg.mil/hq/cg5 /or Medical Pre onal sheet and	actition	er if need	ded to compl	ete this section.	TTACHE	
MEDICATION	_		REQUENCY	-	ONDITION				R COMMENTS (Durat	ion of Use	Side Effect
Section V: Ph	ysical	Examir			RT OF MEDH		and co		the Medical Prac		
inches only):		(lbs	-	Resting		Press			(For BMI > 40 refer to		10
m	P	1	ke comments	in the space	e provided on a	any ite		ed as an "abn Abnormal	ormal" system/organ. Item	Normal	Abnorma
Head, Face, Ned	k, Scalp				per/Lower Extre	mities	Normal	Abrioritia	13. Skin	Normar	Abnorma
Eyes/Pupils/EOM	1			6. Sp	ins/Musculoskek	etaí	ī		14. Neurologic		님
Mouth and Throa	t			9. Va:	scular System				15. Mental Status		H
Ears/Drums				10. Ab	domen		ī			No	Yes
Lungs and Chest				11. General/Systemic					16. Hernia		
Heart				12. Ex	tremities/Digit		n				
dditional Medica	i Comn	ients (Pli	ease Print)								
						. PRA	CTITION	ER INITIALS	: 🗌 DA1	'E:	
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Print Applicant Name:(L	ast, First, Mi	0				Date of Birth: (MM/DD/YYYY)		
Section VI: Vision - Must be performed by the Medical Practitioner, their medical staff or other qualified practitioner. Results must be reviewed by the Medical Practitioner. Additional guidance can be found at https://www.uscg.mil/hq/cg5/nvic/ pdf/2008/NVIC 04-08.pdf.								
a. Visual Acuity								
Distance Vision, Uncorre	ected: If corre	ction require	d, Distance Vi	sion Correctal	ble To:	Field of Vision		
Right: 20/	greater than or equal to 100 degrees).							
Left: 20/								
The	Medical Pra	actitioner mu	ist indicate wh	hich test was	utilized, a	sion sense using one of the following testing methodologic and the number of errors obtained. In order to meet the se without the use of color enhancing (enses,		
AOC (1965) - (6 or fe	ewer errors on	plates 1-15)			Ishihara	a pseudoisochromatic plates test, 14 plate (5 or less errors)		
AOC-HRR (2nd Editi	ion) - (No error	rs in test plates	7-11)	Γ	Ishihara	a pseudoisochromatic plates test, 24 plate (6 or less errors)		
HRR PIP (4th Edition	n) - (No errors	in test plates 5	-10)	Ē] Ishihara	B pseudolsochromatic plates test, 38 plate (8 or less errors)		
Richmond (2nd and -	4th Edition) - (6 or fewer erro	rs)	[Famsw	worth Lanters (colored lights) Test per instruction booklet		
Titmus Vision Tester	OPTEC 2000	- (No errors or	n 6 plates)	E	Dvorine	e (2nd Edition) pseudoisochromatic 15 plate test (6 or less errors		
OPTEC 900 (colored	l lights) Test p	er instruction b	ooklet	_				
Alternative Testing (atla	ach evaluatiorv	test results):	_			er/radio officer/tankerman/MODU only) olor vision evaluation		
					-	the Coast Guard		
Color Vision Testing	Results:	,						
Passed	Failed	Nun	nber of Errors:					
Section VII: Hearing Results must be revie				cal Practitio	oner, the	eir medical staff or other qualified practitioner.		
An applicant with normal h	earing by force			ith or without h	earing aid	ds does not need to complete either the audiometer test or the		
Rinctional speech discrimit			Abnorma	al Hearing		Hearing Aid Required		
(a) If hearing is abnormal,	fhen perform		nal speech dis	crimination tes		or an audiogram documenting thresholds and averages as		
indicated below. Both a						g hearing aids. eech discrimination testing performed at 65dB.		
	hysical Evalua	ation Guideline	s for Merchant	Mariner Crede	ntials which	ch can be found at https://www.uscg.mll/hq/cg5/nvic/pdf/2008		
		т	Audiomete hreshold Va			Functional Speech Discrimination Test @ 65dB, if required by		
	500Hz	1,000Hz	2,000Hz	3,000Hz	Avera	age		
Right Ear (Unaided)						Right Ear (Unaided): %		
Left Ear (Unaided)						Left Ear (Unaided): %		
Right Ear (Aided)						Right Ear (Aided): %		
Left Ear (Aided)						Left Ear (Aided): %		
				MEDICAL PR	RACTITIC	ONER INITIALS: DATE:		
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Print Applicant Name: (Last, First, N	(1.)	Date of Birth: (MM/DD/YYYY)					
Section VIII: Demonstration of	of Physical Ability - To be completed by th	e Medical Practitioner					
LISTS OF TASKS CONSIDERED NECESSAR	Y FOR PERFORMING ORDINARY AND EMERGENCY RESPONSE	E SHIPBOARD FUNCTIONS					
Shipboard Tasks, Function, Event, or Condition	Related Physical Ability	The Examiner Should Be Satisfied That The Applicant:					
Routine movement on slippery, uneven, and unstable surfaces	Maintain balance (equilibrium)	Has no disturbance in sense of balance					
Routine accase between levels	Climb up and down vertical ladders and stairways and stairways						
Routine movement between spaces and step over high doorsills and coarnings, and move inches (600 millimeters) in height. Able to move foroug restricted accesses							
Open and close watertight doors, hand cranking systems, open/close valve Manipulate mechanical devices using manual and digital may weigh up to 55 pounds (25 kilograms); should be all move hands/arms to open and close valve wheels in var hands/arms to open and close valve wheels in							
Handle ship's stores	Lift, pull, push, carry a load	Is able, without assistance, to lift at least a 40 pound (18.1 kilograms) load off the ground, and to carry, push, or pull the same load					
General vessel maintenance	Crouch (lowering height by bending knees); kneel (pleaing knees an ground); stoop (lowering height by bending at the waist); use hand tools such as span-ners, valve wranches, hammers, screwdrivers, pliers	Is able, without sasistance, to grasp, lift, and manipulate various common shipboard tools					
Emergency response procedures including escape from anoke-filled apaces control of the system of the							
Stand a routine watch	Stand a routine watch Is able, without assista						
Read to visual alarms and instructions, emergency response procedures	Fulfills the eyesight standards for the merchant mariner credential						
React to audible alarms and Instructions, emergency response frequency Fulfills the hearing standards for the merchan							
Make verbal reports or call attention to suspicious or emergency conditions	Describe immediate surroundings and activities, and pronounce words clearly	Is capable of normal conversation					
Participate in fire fighting activities	Be able to carry and handle fire hoses and fire extinguishers	Is able, without assistance, to pull an uncharged 1.5 inch diameter, 50° fire bose with nozzle to full extension, and to lift a charged 1.5 inch diameter fire hose to fire fighting position					
Abandon ship	Use survival equipment	Has the agility, strength, and range of motion to put on a personal flotation device and exposure suit without assistance from another individus!					
 The Medical Practitioner should indicate whether the applicant can meet the guidelines listed in the table above. If the Medical Practitioner doubts the applicant's ability to meet the guidelines contained within this table, and for all applicants with a Body Mass Index (BM) of 40 or higher, the practitioner should require that the applicant demonstrate the ability to meet the guidelines contained within this table, and for all applicants with a Body Mass Index (BM) of 40 or higher, the practitioner should require that the applicant demonstrate the ability to meet the guidelines contained within this table. This does not mean, for example, that the applicant must actually don an exposure suit, pull an unchanged 1.5 inch diameter 50' fire hase with nozzle to full extension, or lift a charged 1.6 inch diameter fire hase to firefighting position. Rather, the Medical Practitioner may utilize alternative measures to satisfy themselves that the applicant possesses the ability to meet the guidelines in the third column. A description of the methods utilized by the Medical Practitioner should be reported in the Comments section provided betww. All practical demonstrations should be performed by the applicant without assistance. Any prosthesis normally worn by the applicant, and any other aid devices, may be used by the applicant in all practical demonstrations except when the use of such items would prevent the proper waaring of mandated personal protection equipment (PPE). If the Medical Practitioner is unable to conduct the practical demonstration, the applicant should be referred to a competent evaluator of physical ability. The Coast Guard recognizes that not all medical practitioners will have the equipment necessary to test all of the tasks as listed. Equivalent alientate testing methodologies may be used. For further Information, check the Medical and Physical Evaluation Guidalines for Merchant Mariner Credentias which can be found at https://www.uscg.milling/cg5/nvic/pdf/2							
Provided below. Physical Ability Results: Applicant has the physical strength, agility, and flexibility to perform all of the items listed in the physical ability table. Applicant does NOT have the physical strength, agility, and flexibility to perform all of the items listed in the physical ability table.							
COMMENTS: Please Print)							
L							
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Print Applicant Name: (Lest, First, I	MI.)			Date of Birth: (M	ואיסס/יייין		
Section IX: Summary - To be	e completed by the M	ledical Pra	ctitioner				
a. Applicant proof of identity provided: 🔲 Yes 🔜 No b. Certification recommendation: 🔤 Recommended 📃 Not Recommended [Not Recommended] Not Recommended [] Needs Further Review							
C. Assessment: 1. Preliminary screening indicates that the applicant is not at high risk of having a condition(s) that poses a significant risk of sudden incapacita- tion or debilitating complication, to include, uncontrolled obstructive sleep apnea, diabetes mellitus or coronary Yes No Needs Further Review OR, 2. (Entry-level, only) - To the best of my knowledge, mariner applicant is free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board. Yes No Yes No Needs Further Review							
d. Discussion: Please discuss any c	conditions subject to furth	er review ide	ntified in Section	n III(b) or any other	r concerns. Plea	ase print or type.	
e. Medical Practitioner: My sig correct to the best of my knowledge and that I have fully evaluated all examinatia	d that I have not knowingly d	omitted or fals	ified any material	information relevan	formation report t to this form. M	ed by me is true and ly signature also attests	
Last Name	First Name	M.L	License Number			State	
Signature	Date (MM/DD	//////	Phone Number		MD 🗌 DQ		
Office Street Address	L						
City	State Zip Code	l					
					(Place off	lice address slamp here)	
Section X: Application Certif	fication - To be comp	leted by th	e Applicant				
My signature below attests, subject to p my knowledge, and I agrae that it is to material information relevant to this fon	prosecution under 18 USC § be considered part of the ba	1001, that al	l information provi ce of any medical	certificate to me. I I	have not knowin	and true to the best of gly omitted any	
Signature of Applicant				C	Date (MM/DD/YY	(YY)	
		PRIVACY	NOTICE	L			
Authority: 14 U.S.C. 632; 46 U.S.C. 2	2103. 7101, 7302, 7502, 46	C.F.R. 10.30	1				
Purpose: The Information is collected Mariner Credential (MMC). The Coast C issuance of the MMC, any endorsemen	by the Coast Guard to deter Guard evaluates an applican	rmine whethe nt's qualificatio	r an applicant mea one to determine o	ets the regulatory sta compliance with the	andards for issue national and inte	ance of a U.S. Merchant ernational requirements for	
Routine Uses: The information is used by authorized Coast Guard personnel who have a need for the record to determine whether an applicant is a safe and suitable person and qualifies for the NMC, any endorsement within the MMC, and medical certificate. In addition, the Coast Guard uses this information to maintain and update records of merchant mariner documentation transactions. The information will not be shared outside of DHS except in accordance with the provisions of DHS/USCG-030 Merchant Seamen's Records System of Records, 74 FR 30308 (June 25, 2009).							
Disclosure: Furnishing this information (including your SSN) is voluntary; however, failure to furnish the requested information may result in the non-issuance of the MMC, any endorsement within the MMC, and medical certificate.							
The United States Coast Guard estimat	of the MMC, any endorsement within the MMC, and medical certificate. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a valid OMB control number. The United States Coast Guard estimates that the average burden for this form is 18 minutes. You may submit any comments concerning the accuracy of this burden or any suggestions for reducing the burden to the Chief, Office of Merchant Mariner Credentialing, 2703 Martin Luther King, Jr. Ave, S.E., STOP 7509,						
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Print Applicant Name: (Last, First, MI.)		Date of Birth: (MM/DD/Y	YYY)					
Section XI: (Optional) Applicant Consent - To be completed	tion XI: (Optional) Applicant Consent - To be completed by the Applicant Declined [
a. CONSENT FOR MEDICAL PRACTITIONER TO RELEASE INFORMATION TO THE COAST GUARD: My signature below authorizes the Medical Practitioner, who has signed the certification on page 9 of this form, to release to, or discuss with authorized								
Coast Guard personnel, any pertinent information in his/her possession regarding Guard prior to determining whether the Coast Guard should issue a merchant ma	g any physical or	medical condition that may re						
I understand that this authorization is voluntary. I also understand that failure to p determination as to whether the Coast Guard should issue me a merchant marine Guard determines whether to issue me the requested merchant mariner medical	er medical certific	ate. This authorization will rer	nain in effect until the Coast					
I have read and understand the following statement about my rights: I may revoke this authorization at any time prior to its expiration date by	notifying the verif	ving medical practitioner in w	riting, but the revocation will					
not have any effect on any actions taken before they received the notific	ation.	,						
 Upon request, I may see or copy the information described in this release I am not required to sign this release to receive my medical evaluation. 	se.							
Signature of Applicant		Date (MM	/DD/YYYY)					
b. CONSENT FOR COAST GUARD TO RELEASE INFORMATION TO A THIF My signature authorizes the Coast Guard to share my medical information with ti authorization at any time prior to its expiration date by notifying the Coast Guard Please provide the Name of the Organization or Third Party, Address, and Phon attached separately.	he third party indi in writing.							
Name of Organization or Third Party								
SUNY Maritime College - Licensing Dept.								
Organization Point of Contact (if applicable)	Phone Number							
Charles Smith, Keith Herman	(718) 409	3519						
Street Address								
6 Pennyfield Ave								
City	State	Zip Code						
Bronx	NY	10465						
Signature of Applicant	ignature of Applicant							
 c. CONSENT FOR THIRD PARTY TO ACT ON MY BEHALF: My signature authorizes the following third party to act on my behalf in all matters pertaining to the processing of my current application for a medical certificate. This means that the Coast Guard will share my medical information and correspond with the third party, and it means that the third party can request agency action on my behalf, and receive my medical certificate. I understand that I may revoke this authorization at any time prior to its expiration date by notifying the Coast Guard in writing. Please provide the Name of the Organization or Third Party, Address, and Phone Number. Additional Third Party Authorization information may be attached separately. Name of Organization or Third Party 								
SUNY Maritime College - Licensing Dept.								
Organization Point of Contact (if applicable)	Phone Number							
Charles Smith, k Keith Herman	(718) 409	3519						
Street Address								
6 Pennyfield Ave								
City	State	Zip Code						
Bronx	NY	10465						
Signature of Applicant		Date (MM	/DD/YYYY)					
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