

MUG GUIDANCE



**REGIMENT OF CADETS
SUNY MARITIME
2026**



WELCOME ABOARD

Dear Future Cadet:

Welcome aboard and congratulations on your acceptance to THE Maritime College. On behalf of the Regiment of Cadets and the Regimental Staff, we look forward to you joining us in the upcoming semester.

The mission of the Mariner Under Guidance (MUG) Indoctrination (INDOC) period is to instruct and mentor incoming cadets to present themselves professionally as a member of the Maritime College Regiment of Cadets. INDOC transforms students to cadets, familiarizes them with a regimental lifestyle, with seamanship and shipboard life, and finally, transitions them into members of the Regiment of Cadets. INDOC cultivates followership, which promotes their formation into effective leaders. This rewarding experience builds teamwork, camaraderie, respect, self-discipline, and time management skills. Further, MUGs are introduced and familiarized with maritime customs and traditions aligned with our core values of loyalty, valor, leadership.

The program at the THE Maritime College is unique. The combination of the military-like structure of the Regiment, the challenging academic programs, and professional skills development will place demands on you not found at other colleges. It is important that you understand this prior to your enrolling at the college; you will need to be both mentally and physically prepared for this challenge. Upon starting, you will find that self-discipline is an essential element required to complete the program; it is also integral to your professional development and future success in the maritime industry.

Please use the enclosed documentation (Reporting Requirements) when packing for your move into Housing. Cadets in the Regiment have different packing requirements than students not pursuing the regimental lifestyle. You should clear all outstanding issues prior to reporting to INDOC so you can fully participate in the program. INDOC will culminate on Saturday, August 22, 2026, with a Graduation Ceremony at 1000 on Reinhart Field. This does not mean that your indoctrination to Maritime and the Regiment of Cadets is complete – rather, you will have completed the first step in your march toward your Maritime career. Please note, if for any reason, you are unable to participate in the entire period of Indoctrination, you will be deferred to the next Indoctrination period (August 2027).

It should be noted that except for emergencies, no cadet will be allowed visitors prior to the end of INDOC. Please inform your family/friends of this fact. In cases of emergency, my office may be contacted at 718-409-7442.

Again, congratulations to you on your acceptance to the first and foremost Maritime College in the United States. You and your family should take great pride in your acceptance.

“Give way together!”

Very respectfully,



Captain Robert Tart '00
Commandant of Cadets

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INDOC - LEADERSHIP DEVELOPMENT - 4

Congratulations on your acceptance to SUNY Maritime College, and your decision to serve in the Regiment of Cadets! You have decided to participate in a storied organization with nearly 150 years of rich seagoing experience. INDOC will shape you into a capable, prepared, professional individual who will be one of the leaders of the future. As you approach your arrival at SUNY Maritime College in August, there are several aspects that you must begin tracking to ensure you enter the next stage of your life as prepared as possible.

INDOCTRINATION PERIOD

The Indoctrination Period, commonly called INDOC, is the orientation period for students who wish to serve in the Regiment of Cadets at SUNY Maritime College and pursue the academic programs attached to the license program. It is the initial training period that will rapidly lay the foundation for incoming MUGs in the following skills:

- a base level knowledge of shipboard operations as required of merchant mariners
- an understanding of SUNY Maritime College's history and traditions
- instruction on the processes encountered by students at SUNY Maritime College (registering for classes, checking grades, changing rooms, understanding the College Code of Conduct, etc...)
- instruction on the processes unique to the Regiment of Cadets (maintaining a uniform, following hair standards, keeping a clean room, etc.)
- an understanding of the Regimental Rules & Regulations, the rules that guide all cadets at SUNY Maritime College through their daily life on campus
- time management
- stress management
- personal accountability – for your decisions/actions
- adapting to changing conditions in a professional setting
- assimilating to a new culture that may be unfamiliar

During this 10-day period, you will be unable to access your personal telephone, unable to wear a watch, unable to leave campus, and unable to contact individuals who are not at the College at that moment. This is in place for you to have the most immersive experience and set you up for success as a member of the Regiment of Cadets. Further, the immersed training minimizes distractions for both participants and staff, as this replicates the separation that mariners will all face while out at sea on ships. In the event of emergency, you will be able to quickly reach individuals who are not at Maritime College during INDOC. However, begin to prepare yourself emotionally and mentally for separation from social media and from friends and families for this 10 day orientation period.

Completion of INDOC is mandatory for all students wishing to participate in the Regiment of Cadets. Failure to complete the full training period will result in deferral to next year's INDOC. Additionally, it will mean that you are unable to enroll in the majors and courses necessary to pursue the USCG License Program, along with deferring your membership in the Regiment of Cadets. Failure to complete INDOC will not remove you from the College; if you choose to stay following INDOC you may be enrolled in as a Traditional student. Following successful completion of INDOC, you will begin classes on August 24, 2026, as a Mariner Under Guidance (MUG) in the Regiment of Cadets.

PERSONAL ACCOUNTABILITY - 5

Several small changes can be made to your life now that will positively impact you and prepare you for INDOC. If these are things you do now, you are already ahead of the curve for INDOC.

- Start your days off right!
 - When you awake in the morning, rise to an alarm which stays consistent. At Maritime College, cadets/MUGs start their days at 6:00 AM (0600) every morning. Before you leave your room, make your bed and ensure it is in a presentable state for your return.
- Reach out to others!
 - Make it a habit of giving people you see the greeting of the day. Say "Good morning" and "Thank you" to the person holding the door open for you on your way into a store. Shake hands with a person when you meet them for the first time. Ask a cashier how they are doing as they ring up your purchase. Call your grandparents if you have them and ask them what they are up to. Things like these points will acquaint you with the level of respect which is expected of all cadets at Maritime College.
- Take notes!
 - Carry a pen and paper with you at all times, or utilize the Notes app on your cell phone. You never know when you'll have to write down an important piece of information. Keeping notes positively reinforces your memory, as well. Additionally, start to journal and keep track of your thoughts. Having control of your ideas and your passions helps reinforce why you are here.
- Create a schedule and stick to it!
 - Learn to segment your day into blocks, and try to keep these blocks separate from one another. This is how life operates at Maritime College, and this will allow you to understand your priorities better and not be overwhelmed by large amounts of work.

DATES TO REMEMBER

Friday, September 26, 2026 through Sunday, September 28, 2026 - Tunnel to Towers Service Project¹

Friday, October 23 and Saturday, October 24, 2026 – Homecoming Weekend¹

¹ALL MUGs will be required to remain on campus these weekends to participate in these two annual traditions.

PHYSICAL CONDITIONING PROGRAM - 6

Physical fitness, to promote physical well-being, is an integral part of living a healthy lifestyle. During INDOC and as a member of the Regiment of Cadets, you will be required to demonstrate the physical skills that are required of merchant mariners aboard vessels. Maintaining a level of physical fitness in which you can successfully demonstrate these skills will be vital for your success as a merchant mariner, as these skills may save your life one day. These skills include:

- Being able to swim 50 yards without stopping
- Being able to tread water without assistance for at least 5 minutes
- Being able to push, pull, lift, and carry a load of at least 40 pounds
- Being able to intermittently stand on your feet for as much as 1 hours with minimal rest periods
- Being able to walk up 100 steps without stopping or assistance
- Being able to climb up a 20-foot ladder without stopping or assistance
- Being able to don a personal floatation device (life jacket) without assistance

If you arrive at the College on the first day of INDOC and you cannot demonstrate these physical skills, you will receive guided training to get you to a level of physical fitness in which you will be able to demonstrate the physical skills upon completion of the training. Understand that this training will be in addition to your course load as a student and in addition to your Regimental requirements as a cadet, so it is in your best interest to begin training now to get to this level of physical fitness.

Throughout your MUG year, you will be assessed on your physical fitness to ensure that you in good physical standing to stand watch and perform the duties of a merchant mariner. This test is called the Physical Readiness Test, or PRT. The standards are as follows:

	Males	Females
Push-ups	51	24
Curl-ups	62	62
1.5 mile run	12:30	15:00

As you train with your classmates and maintain a healthy level of physical fitness, proper apparel will help facilitate this. Athletic sneakers are required for all cadets at INDOC. Sneakers must be black, white, or grey in color and must have a supportive, non-marking sole.

The following sneakers are not recommended and should not be worn to INDOC:

- Basketball sneakers
- Fashion sneakers
- Sneakers with collapsible or strap heels (i.e. Crocs)
- Sneakers that do not have laces (no slip-on sneakers)
- Sneakers that have molded soles (i.e. turf soccer cleats, track spikes, golf shoes, Heelys)

GROOMING STANDARDS - 7

Grooming standards for MUGs are as follows:

Male Cadets must arrive with (or will receive once INDOC starts) a close-cropped hair cut in accordance with the standards explained below. Women must arrive with their hair cut or styled above their collar, in accordance with the standards explained below. Since the INDOC routine is rigorous and demanding, hairstyles that do not require much attention and are easy to manage are key to maintaining a professional appearance and to managing your time. You may find it helpful to have your hair cut or styled before reporting to Maritime.

Grooming Standards for men will be neat, clean and present a groomed appearance at all times. For MUGs, hair above the ears and around the neck shall be tapered from the lower natural hairline upwards at least $\frac{1}{2}$ " and outward not greater than $\frac{1}{2}$ " to blend with hairstyle. Hair on the back of the neck must not touch the collar. Hair shall be no longer than 2" in length and may not touch the ears, collar, extend below eyebrows when headgear is removed, show under front edge of headgear or interfere with properly wearing headgear. The bulk of the hair shall not exceed 1.5. Bulk is defined as the distance that the mass of hair protrudes from the scalp. For those who choose to wear crew cuts, the hair on top of the head must be at least $\frac{1}{16}$ " in length.

Grooming Standards for women with a short hairstyle, your hair may touch your collar, but must not fall below the bottom edge of your shirt collar. No hair may show under the front brim of any head gear (ball caps or uniform headgear) nor shall it extend below your eyebrows when headgear is removed. Hair may be worn layered or one length. Hair on the sides of the face may extend to the jawbone. Hair color must be a solid natural color. MUG females who choose to maintain their hair in a long style will wear it "up" (in a bun) when in uniform for safety reasons. In no case will the bulk or length of hair interfere with your training or the proper wearing of headgear. Loose hairs must be kept flush to the sides of the head. Hair may not be shaved to a defined line on the scalp. Hair ornaments, such as ribbons, head bands, and clips, will not be worn when in uniform. Pins, combs, cloth-covered elastic bands or barrettes similar in color to the individual's hair color may be worn, but shall not interfere with the wearing of military headgear.

Authorized Hairstyles are shown below:

Individual braids pulled into a bun



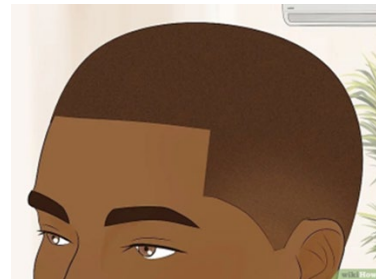
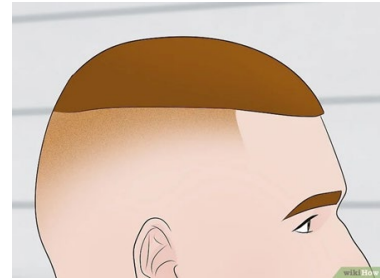
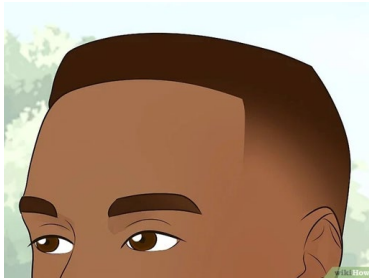
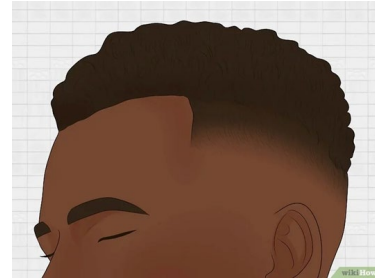
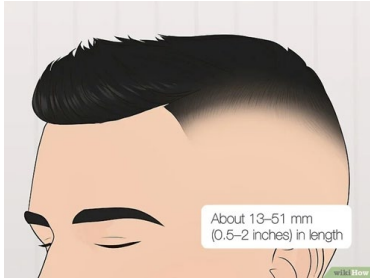
$\frac{1}{2}$ inch cornrows with $\frac{1}{8}$ inch spacing



GROOMING STANDARDS - 8



GROOMING STANDARDS - 9



REPORTING REQUIREMENTS - 10

Arrival: Wednesday, August 12, 2026

The new cadets in the Regiment – MUGs (Mariners Under Guidance) - will begin INDOC on this day. You will receive guidance from Student Housing regarding check-in to the dorms early that morning.

Please make sure to check the Maritime College website and adhere to the latest policy on vaccinations.

The INDOC fee must be paid in full prior to the new MUG being permitted to begin INDOC. **The fee for all cadets is \$930.00.** This fee will be posted to your student account soon.

Once the Indoctrination program begins, you will not be permitted to have any visitors or electronic communications until Saturday, August 22, 2026 at noon. All personal matters should be attended to prior to arrival at the college. In cases of emergency, your parents or guardians may reach you through the Regimental Affairs Office at (718) 409-7442, or through University Police at (718) 409-7311 (after hours). If, for any reason, during the Indoctrination period parents must be contacted, they will be called by a member of the Regimental staff. If, for any reason, you are unable to participate in the entire period of Indoctrination, you will be deferred to the next Indoctrination period (August 2027).

We do not encourage you to bring large amounts of cash with you. All monetary arrangements should be made prior to your arrival. You may need some money for incidentals. In addition, the Ship's Store accepts major credit cards for all purchases except for cash advances, and an ATM is available on campus. Likewise, use of cell phones will not be permitted during Indoctrination and candidates are strongly encouraged to leave them home for the duration of the program.

The Code of Federal Regulations Title 46 requires that those participating in the Regiment be subject to a urinalysis testing program. During INDOC, all incoming MUGs will undergo urinalysis testing as part of the required 'pre-employment testing'. Those who fail this urinalysis testing will be dismissed from the Regiment and will be sent to the College's judicial system for adjudication.

*** Prior to arrival for Indoctrination, if you have been injured or developed any medical condition that may prohibit your participation in Indoctrination (e.g., broken bones, serious sprains, etc.) please contact Health Services at (718) 409-5424 to discuss limitations. Should you have any pre-existing medical conditions, please contact the Health Services prior to arrival to discuss documentation that may be required to clear you for participation in Indoctrination. *Also note, if at any time during Indoctrination, you are placed on "light duty" (medical accommodations that do not allow full participation in required activities) for a period of 48 hours or more, you will may be deferred to the next Indoctrination period (August 2027).*

Completed physicals (U.S.C.G. 719K Forms) must be received by Health Services no later than 3 pm on Friday, June 5, in order to begin INDOC on Wednesday, August 12, 2026. Failure to submit the physical by this deadline will mean participation in INDOC is deferred to August 2027.

REQUIRED PAPERWORK AND ITEMS - 11

Upon arrival to INDOC on August 12, 2026, you must have a valid Transportation Worker Identification Credential-TWIC (if you are an American citizen) and a valid passport. Failure to have these two documents in your possession upon arrival (or failure to have them valid through the dates indicated below) may result in deferral of your participation in INDOC to August 2027. If you currently do not have a valid passport or TWIC card, you should apply for them now.

Frequently check the SUNY Maritime College website for updates regarding your enrollment at the College. Additionally, check your email for any emails from the Admissions Department, Student Affairs, the Registrar, or the Regiment of Cadets. These will all give you updates on college processes that you may have to take part in.

ITEMS FOR INDOC & 4th CLASS YEAR

New Regimental students are **required** to bring the following items to Indoctrination:

- All the items as listed in the “Uniform/Gear Package” which must be purchased from the Ship's Store. These items will be issued to you at INDOC or throughout the academic year.**
- The following items are **required** for Indoctrination. You must bring these items, **ONLY**, in a duffle bag or suitcase:
 - TWIC (valid through Dec 2027)*
 - Passport (valid through Dec 2027)*
 - Bath towels (quantity 2, white)
 - Combination locks (2)
 - Laundry detergent (pods are recommended)
 - Small notebook
 - Pens (5 x ball point pens – Black)
 - Pillow (quantity 2)
 - Pillow case (quantity 2 white)
 - Soap for shower (bars) (quantity 2)
 - Toothpaste (travel size) (quantity 1)
 - Sunscreen (quantity, 1)
 - Running shoes (sneakers – cross country or training, of any color)
 - Shower shoes (flip flops)
 - Socks (gym, quantity 10, white)
 - Socks (dress, quantity 10, black)
 - T-shirts (crew neck, quantity 10, white)
 - Underwear (quantity 10)
 - Shaving razor (quantity 1)
 - Disposable razors for shaving razor (quantity 4)
 - Deodorant, roll on (quantity, 1)
 - Toothbrush (quantity, 1)

***You MUST bring your TWIC and Passport with you to INDOC.**

The following items are for use during the regular academic year: (Post INDOC):

- Alarm Clock
- Batteries (AA, AAA)
- Bed linens (extra sheets, flat, extra-long, white)
- Calculator
- Computer or laptop,
- Printer
- Gym bag
- Shower Caddy
- Surge protector (UL approved with external resettable switch)
- Trash bin
- Desk lamp

Cadets who travel long distances (>150 miles) are permitted to bring the items above (for use during the academic year) with them at the beginning of INDOC. The items shall be transported in a duffle bag or suitcase. The items will be stored during INDOC and returned to you on Saturday, 22 August 2026.

During INDOC, tobacco/vaping and the use of clocks, watches and electrical appliances/devices are prohibited. During the academic year, MUGs (4/C Cadets) are not permitted carpeting/rugs, or any furniture other than that provided by the college.

TWIC APPLICATION PROCESS - 12

ALL INCOMING REGIMENTAL STUDENTS MUST HAVE TWIC TO START INDOC*

What is a TWIC – The Transportation Worker Identification Credential, **TWIC**, is required by the Maritime Transportation Security Act for personnel who need access to secure areas of the nation’s maritime facilities and vessels. (including TS EMPIRE STATE) and all mariners holding US Coast Guard issued credentials. Transportation Security Administration (TSA) will issue workers a tamper-resistant “Smart Card” containing the worker’s full name, expiration date, digital photo and 2 biometric fingerprints to allow for a positive link between the card itself and the individual.

TWIC Enrollment website - <https://universalenroll.dhs.gov>

Cost – The cost of the TWIC card is \$125.25 per applicant and is valid for five years.

What documentation do I need to provide to apply for a TWIC? - Applicants must provide the appropriate documents in order to verify their identity. They must provide one document from List A, or two from List B, one of which must be a government-issued photo ID:

<p>List A: (need one)</p> <ul style="list-style-type: none">• Unexpired US passport• Unexpired Permanent Resident card or Unexpired Alien Registration Receipt Card with photograph• Free and Secure Trade (FAST) Card• Merchant Mariner Document (MMD)	<p>List B: (need two and one must be a government-issued photo ID):</p> <p>OR</p> <ul style="list-style-type: none">• U.S. Certificate of Citizenship (N-560, 561)• U.S. Certificate of Naturalization (N-550 or 570)• Driver's license or ID card issued by a state or outlying possession of the United States• Original or certified copy of birth certificate issued by a state, county, municipal authority, or outlying possession of the United States bearing an official seal• Voter's registration card• Consular Report of Birth Abroad• U.S. Military ID or U.S. Retired Military ID• U.S. Military Dependent's Card• Expired U.S. passport• Native American Tribal Document• U.S. Social Security card• U.S. Citizen Card I-197• U.S. Military Discharge Papers DD-214• U.S. Department of Transportation (DOT) medical card• Standards of Training Certification and Watch Keeping (STCW Certification)• Certificate of Registry (COR)• Merchant Mariner's License (MML)• Civil marriage certificate
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Personal privacy - The Transportation Security Administration (TSA) will send pertinent parts of the enrollment record to the FBI, as well as within the Department of Homeland Security (DHS), so that appropriate terrorist threat, criminal history, and immigration checks can be performed. TSA will review the results of the checks to determine if the person poses a security threat, and will notify the applicant of the results. When TSA determines that an applicant qualifies to receive a TWIC, a credential will be produced and sent to the enrollment center at which the applicant applied.

*Non US Citizens accepted into the Regimental Program are not eligible for a TWIC; upon successful completion of Indoctrination, the college will help facilitate with acquiring a TWIC.

TWIC ENROLLMENT STEPS - 13

The enrollment process consists of the following steps: pre-enrollment, in-person visit, security threat assessment and notification of the results, and issuance of the TWIC to the applicant.

Currently it is expected to take 6+ weeks from enrollment to receive your TWIC. Applying after July 1 may result in a delay in receiving your TWIC prior to INDOC.

Step One:

Pre-enrollment (You MUST Pre-Enroll) - Applicants pre-enroll online and enter all of the information required. TWIC Enrollment website - <https://universalenroll.dhs.gov>.

Pre-Enrollment consists of steps 1 - 10; you must complete all 10 steps.

For Step 6, in Employment Status, you must select “Pre-Employment/Unemployed” in the drop down and in Occupation or Trade you must select “Merchant Marine”.

For Step 9, to find the enrollment center nearest you, enter you home zip code. Be advised each enrollment has indicated hours of operation, plan accordingly.

Step Two:

Make an appointment – Note you can select “walk in” as an option however scheduled appointments take priority.

Step Three:

Visit an Enrollment Center:

- Provide identification documentation (see page 1 for acceptable forms of ID)
- Pay the enrollment fee (\$125.25)
- Complete a TWIC application disclosure form
- Provide biographic information
- Be fingerprinted
- Sit for a digital photograph

Step Four:

TWIC Delivery Options - You have the option to have it mailed to a selected address or you can arrange to return to enrollment center to pick up your card. We strongly recommend the mailing option.

UNIFORMS AND GEAR PACKAGE - 14

The following items will be issued during INDOC and throughout the Academic year. They must be purchased through the Ship's Store. A \$500.00 NON-REFUNDABLE deposit is due on **JUNE 5, 2026** in order to begin processing your Uniform and Gear Package ♦ The **Uniform and Gear Package total is \$4,383.78** (includes sales tax and tailoring fee) must be paid on or before **August 7, 2026**. All prices are subject to change (Additional \$10.00 for each item 3XL or larger on sweatshirt & sweatpants).

**Although your uniform fee may be covered in your financial aid package or scholarship initially, the student must pay this fee on or before August 7, 2026 Please make checks payable to the "Ship's Store."

UNIFORM AND GEAR PACKAGE

ITEMS (REQUIRES SIZE/TAILORING)	ITEMS	ITEMS
PT Shirt (Qty:2)	Pins (Year Pin) (Qty:1)	Safety Goggles (Qty:1)
PT Shorts (Qty:2)	Pins (Anchor/Propeller) (Qty:1)	Ear Protection (Qty:1)
Khaki Shirt (Qty:2)	Pins (State Seal) (Qty:1)	Black Backpack (Qty:1)
Khaki Pants (Qty:2)	Shoulder Boards (Qty:1)	MUG Book (Qty:1)
Salt and Pepper Short Sleeve White Shirt (Qty:2)	Bed Linens (White) (Qty:2 sets)	MUG Knife (Qty:1)
Salt and Pepper Dress Pants (Qty:2)	Hard Nameplate (Qty:1)	Water Bottle (Qty:1)
Service Dress Blue Jacket (Qty:1)	Velcro Nametape (Qty:4)	Knit Watch Cap (Black) (Qty:1)
Service Dress Blue Long Sleeve White Shirt (Qty:1)	Shoe Shine Kit (Qty:1)	Bed Spread (Qty:1)
Boiler Suit (Qty:4)	Maritime Blue Ball Cover (Qty:1)	Blue Blanket (Qty:1)
Pea Coat (Qty:1)	Stencil Kit (Qty:1)	Watch (Fleece) Cover (Qty:1)
Eisenhower Jacket (Qty:1)	Bag Carrier (Qty:1)	Brass Belt Buckles (Qty:2))
Work jacket/windbreaker (Qty:1)	Black Tie (Qty:1)	Iron (Qty:1)
Black ¾ Zip Up (Qty:1)	Female Neck Tab (Qty:1)	Ironing Board (Qty:1)
Steel Toe Boots (Qty: 1)	Tie Clip (Qty:1)	Bump Cover (Qty:1)
Dress shoes (Qty:2)	Shirt Stays (Qty:2)	Fan (Qty:1)
Khaki Garrison Cover (Qty:1)	Sea Bag (Qty:1)	Fine Markers (Qty:1)
Combination Cover (Qty:1)	Gloves (leather) (Qty:1)	Flashlight w/batteries (Qty:1)
Belt Khaki Flat (Qty:2)	Gloves (work) (Qty:1)	Laundry Bag (Qty:1)
Belt Black Flat (Qty:1)	Combination Cover Insignia (Qty:1)	Patches, Boiler Suit (Qty:2)
Polo Shirt (Qty:1)	Pillow Case (White) (Qty:1)	Sewing Kit (Qty:1)
Sweat Pants (Qty:1)	Paint Sticks (Qty:2)	Soap Dish (Qty:1)
Sweat Shirt (Qty:1)	Pocket Size Notebook (Qty:1)	Toothbrush Holder (Qty:1)
Swimsuit (Qty:1)	Rope MUG Line (Qty:1)	Trash Bin (Qty:1)

Forms of Payment: Checks made out to Ship's Store, Credit Card (Visa, Master Card, American Express, or Discover) For your convenience, you may call in or mail your payment:

Ship's Store, SUNY Maritime College, 6 Pennyfield Ave., Throggs Neck, NY 10465

Phone: 718-409-7342, Fax: 718-409-2868 Ship's Store Hours: Weekdays 9:00AM – 4:00PM

For specific uniform questions you may call the Maritime College Ship's Store: 718-409-7342.

DAY STUDENT STATUS REQUESTS - 15

If you believe that you are eligible for the Day Student Status within the Regiment of Cadets, please submit follow the below applications instructions:

Please submit your Day Student Application for consideration. Please ensure that you provide the correct documentation to support your justification.

- Process: Cadet must review, complete and submit the Day Student Application for review by the Commandant of Cadets and/or designee, for approval.
- Link for Day Student Application: https://maritimecollege.formstack.com/forms/day_student_application

Deadline for Day Student application submissions: **May 11 2026**

Standard Criteria. The standard criteria for day student status are as follows (Minimum approval criteria include at least one of the following):

1. A minimum of four consecutive years of Active Duty service or six consecutive years of Reserve service in the Armed Forces (DD-214 required as proof of time of service. Reservist DD-214's must cover the required six years of service)
2. Active Merchant Marine license. Specifically:
 - a. Applicants who either possess a valid unlimited tonnage/horsepower Merchant Marine License issued by the United States Coast Guard or have served enough time at sea to satisfy the Coast Guard requirements to sit for the license (the total days are 1,080), may apply for Day Student status.
 - b. Foreign applicants possessing an equivalent license (unlimited size and tonnage licensure from their country's issuing authority) may be eligible for day student status.
3. Education
 - a. All Cadets participating in the graduate license program (unless they opt to be a part of the Regimental Class structure).
4. All other Cadets who specifically:
 - a. Have been a part of the Regimental Class structure for a minimum of eight (8) semesters, have less than 12 academic credits to complete prior to graduation, and intend to reside outside of the Battalions, for their remaining time at the College.
 - b. In the last semester, has less than 12 academic credits to complete prior to graduation, and intends to reside off-campus for their remaining time at the College.
5. Non – Traditional Cadets:
 - a. Cadets that are 25 or older, with dependents (Legitimate spouse and legitimate daughters/sons).

Special Circumstances Consideration

1. Family or Health-Related Issues. If a student faces significant family or health-related challenges, such as the need to live with a parent for caregiving reasons or other documented health issues require local residency. Submitted health issues will be screened by Health Services to ensure that the health condition (s) is not a disqualifier for Merchant Marine service or a USCG License.

INDOC FAQ'S - 16

The following are several frequently asked questions regarding INDOC and the 4/C Year. If you do not find an answer to your question(s), please email the Regiment of Cadets at asktheregiment@sunymaritime.edu for assistance.

1. How much does INDOC cost?

*Answer – The cost of INDOC for all incoming cadets is **\$930.00***

2. What do I do if I have not received my passport or TWIC card?

Answer – If you have not received your passport or TWIC, please arrive to INDOC with a print out of receipts for applications for the passport and/or TWIC.

3. Do I bring my passport and TWIC with me?

Answer – Yes. Bring both. The passport and TWIC will be collected by a College representative when you arrive. The Passport and TWIC will be returned to you on Saturday, 22 August 2026

4. I have been unable to complete my United States Coast Guard 719K Health documents?

Answer – All incoming MUGs must have a completed USCG 719K to participate in INDOC. If you are having difficulty in completing this form, please contact healthservices@sunymaritime.edu for additional guidance.

5. Do I need to purchase a sea bag?

Answer – No. Sea bags are issued at INDOC as part of the Uniform/Gear Package

6. What does my MUG do if they do not feel well or feels sick?

Answer – Any MUG who does not feel well or feels sick should report to their cadet leadership (IDO) or Regimental Officer. The MUG will then have the ability to meet with a member of our Health Services team for consultation.

7. Can I send my MUG with water or snacks for INDOC?

Answer – No. No bottled water or snacks are permitted during INDOC. Ample food and water will be provided throughout INDOC

8. What will the haircut standards be for arrival and during INDOC for Male MUGs?

*Answer – Male MUGs may report with their hair already cut to the following standards. Barbers will be on site at the start of INDOC to ensure all haircuts are within regulations.
Please see Grooming Standards in this enclosure.*

9. Will there be an INDOC graduation ceremony on Saturday, August 22, 2026?

Answer – Yes, there will be a Graduation Ceremony on Saturday August 22 at 10:00 AM on Reinhart Field. This will mark the satisfactory completion of the initial phase of MUG training and indoctrination. There is no requirement to purchase tickets to attend.

INDOC FAQ'S - 17

10. Do I have to cover tattoos while in uniform?

Answer – No.

11. Can I wear facial jewelry? (nose rings, etc.)

Answer –No. Facial jewelry is not authorized while in INDOC or anytime cadets are in uniform.

12. Will laundry and ironing equipment be available during INDOC?

Answer – Yes. To facilitate uniform maintenance and upkeep, laundry facilities are available in each dorm. Irons and ironing boards are provided as part of their Uniform/Gear Package.

13. If I need to contact my MUG during INDOC, who should I call?

Answer – in the case of an extreme emergency, you should call 718-409-7442.

14. Can I stay in my assigned room after the INDOC Graduation Ceremony that is scheduled for Saturday, August 22, 2026?

Answer – Yes. You can stay in/sleep in your assigned room after INDOC Graduation.

15. Is there a Veterans INDOC (VDOC) in August or throughout the Academic year?

Answer – No. All incoming students who would like to serve in Regiment of Cadets will conduct the 10 day INDOC in August 2026.

16. If I am granted Day Student Status, do I have to attend the 10 day INDOC in August?

Answer – Yes. Day Student Status privileges will start after the INDOC Graduation Ceremony

17. If I still have questions, who should I contact?

Answer: Please send an email to asktheregiment@sunymaritime.edu. Your questions will be answered quickly

QUICK REFERENCE - 18

DATES OF INDOC 2025: WEDNESDAY, AUGUST 12, 2026 – SATURDAY, AUGUST 22, 2026

IMPORTANT DATES:

MAY 1, 2026	ENROLLMENT DEPOSIT DUE – FRESHMEN/TRANSFER
MAY 11, 2026	DAY STUDENT STATUS REQUESTS/APPLICATIONS DUE
JUNE 5, 2026	UNIFORM/GEAR PACKAGE DEPOSIT OF \$500.00 DUE TO SHIP’S STORE MEDICAL DOCUMENTATION – USCG 719K FORM SUBMIT TO: healthservices@sunymaritime.edu
JULY 7 OR 8, 2026	ORIENTATION – SUMMER ORIENTATION (JULY 7 (IN-PERSON) / JULY 8 (VIRTUAL))
JULY 17, 2026	SUBMIT OFFICIAL FINAL HIGH SCHOOL TRANSCRIPT, OFFICIAL COLLEGE TRANSCRIPT (IF APPLICABLE), AP/IB SCORE REPORT TWIC APPLICATION AND PASSPORT APPLICATION DUE
AUGUST 7, 2026	CONFIRM PAYMENT OF COLLEGE BILL – INCLUDING FINAL PAYMENT FOR SHIP’S STORE, COMPLETE ID CARD SET-UP, COMPLETE HEALTH INSURANCE WAIVER
AUGUST 12, 2026	REPORT TO SUNY MARITIME FOR INDOC 2026
AUGUST 22, 2026	MUG GRADUATION CEREMONY – 10:00 AM – REINHART FIELD. MUGS RELEASED FOLLOWING CEREMONY
AUGUST 23, 2026	MUGS RETURN FOR EVENING TAPS AT 9:00 PM
AUGUST 24, 2026	FIRST DAY OF CLASSES

REQUIRED FOR ARRIVAL: VALID PASSPORT (VALID THROUGH DECEMBER 2027)
 TWIC CARD (VALID THROUGH DECEMBER 2027)

CONTACT DIRECTORY:

REGIMENT OF CADETS	asktheregiment@sunymaritime.edu	718-409-7442
SHIP’S STORE	shipstore@sunymaritime.edu	718-409-7342
HEALTH SERVICES	healthservices@sunymaritime.edu	718-409-7347

CAMPUS CALENDAR: www.sunymaritime.edu

ANY OTHER QUESTIONS: asktheregiment@sunymaritime.edu

DEPARTMENTAL DIRECTORY - 19

<u>Department</u>	<u>Email Address</u>	<u>Phone #</u>
Regiment	asktheregiment@sunymaritime.edu	718-409-7442
Housing	housing@sunymaritime.edu	718-409-7488
Health Services	healthservices@sunymaritime.edu	718-409-7347
Admissions	admissions@sunymaritime.edu	718-409-7221
Athletics	jramsay@sunymaritime.edu	718-409-7331
Student Accounts	studentaccounts@sunymaritime.edu	718-319-1217
Financial Aid	financialaid@sunymaritime.edu	718-409-7268
Ship's Store	shipstore@sunymaritime.edu	718-409-7342
Registrar	registrar@sunymaritime.edu	718-409-7262
University Police	upd@sunymaritime.edu	718-409-7311
Information Technology	helpdesk@sunymaritime.edu	718-409-6917
Student Affairs	studentaffairs@sunymaritime.edu	718-409-5879
U.S.C.G. Licensing Office	licence@sunymaritime.edu	718-409-7212